

White, 1623.

A new Almanacke, and Prognostication, for the yeare of our Lord God.

1623.

Being the third after a Bissextile or Leape yeare.

Calculated for the Meridian of the most Honourable City of London, and will serve generally for the Monarchy of great Britaine.

By John White, wel Miller to the Mathematickes.

1. *Genesis. 14.*

God said, let there bee Lights in the Firmament of Heauen, to seperate the Day from the Night and let them be for Signes and for Seasons, and for Dayes and yeares, &c.

LONDON.

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The beginning and ending of the Termes this present
yeare, 1623. with their Returnes.

Hillary Terme, beginneth the 23. of January, & endeth
the 12. of February, and hath 4. Returnes.

{ Octab. Hillar. }
{ Quind. Hillar }

{ Craft. Purifi. }
{ Osta. Purifi. }

Easter Terme beginneth the 30. of April, and endeth
the 26. of May, and hath 4. Returnes.

{ Quind. Pasch }
{ Tres Pasch. }

{ Mensc Pasch. } { Quind. Pasch }
{ Craft. Ascen. }

Trinity Terme, beginneth the 13. of June, and endeth
the 2 of July, and hath 4 Returnes.

{ Craft. Trinit. }
{ Osta. Trinit. }

{ Quind. Trin. }
{ Tres Trin. }

Michaelmas Terme beginneth the 9. of October, and en-
deth on the 28. of November, and hath 8. Returnes.

{ Osta. Mich. }
{ Quind. Mich. }
{ Tres Mich. }
{ Mens. Mich. }

{ Craft. Anima. }
{ Craft. Mart. }
{ Osta. Mart }
{ Quind. Mart. }

Note that vpon these dayes following, the Judges
of Westminster doe not vse to sit in Iudgement, nor vpon
any Sundayes.

In { Hillary
Easter
Trinity
Michaelmas }

{ Terme }

{ Candlemas
Ascencion
Midsummer
All Saints }

{ day. }

Note also that the Exchequer openeth eight dayes
before any Terme beginneth, except Trinity Terme,
in which Terme it openeth but foure dayes before.

Also, the first and last dayes of euery Terme are the
first and last of appearance.

The common Notes and moueable Feastes,
according to the

Olde Accompt.

Forraine Accompt.

9.	The Golden number,	9.
8.	The Cycle of the Sunne	8.
9.	The Epact,	29.
6.	The Roman Indiction,	6.
Ⓒ	The Dominical Letter,	B
23. february	Shrouelunday,	16. february
26. february	Shweneladay.	1. March.
13. Apill.	Easter day,	16. Apill.
18. May.	Ascension Sunday,	21. May.
22. May.	Ascension day,	25. May.
1. June.	Whitunday,	4. June.
30. Iouenar.		3. Decemb.

Physicall Electuaries.

Take	Uomits,	The Moon or Signe in	8.m. ʒ
	Glitters,		ʒ. ʒ. ʒ.
	Gargarismes,		ʒ. ʒ.
	Preparatiues,		II. ʒ. ʒ.
	Stop retumes & fluxes,		8.m. ʒ
	Purge by needling.		ʒ. ʒ. ʒ.

Fit time for Blood-letting.

Let blood the sanguine frō the new moon to ʒ first quart.

The Cholericke, from the first quarter to the full.

The flegmatick, from the new moon to the last quart.

The Melancholy, frō the last quarter to the new moon.

Dangerous times for Blood-letting.

It is dangerous to let Blood in the heat of Summer
or cold of Winter, and when the Moone is in that signe
which gouerneth that part of the Body you would let
Blood. Likewise, within two dayes of the Change, or
full of the Moone it is not to be done without vrgent
cause, as the Apoplexie, Squinancie, or such violent
Maladies.

The Anatomy of Mans body as the
partes thereof are gouerned, by the
twelue Cœlestiall Signes.

* *
*

Aries, Head and face.

Taurus,
Necke and
throat.

Cancer,
Breast & Sto-
mach.

Virgo,
Bowels and
belly.

Scorpio,
Secret mem-
bers.

Capricor.
The Knees.



Gemini,
Arms and
Shoulders.

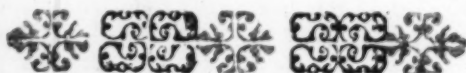
Leo,
Heart and
Backe.

Libra,
Reynes and
loynes.

Sagittarius,
the Thighes

Aquarius,
The Legges

Pisces, The feet.



January hath xxxj. dayes.

Warme Meates and Cloathes this Month are good,
Take heed of Bathes, and letting Blood.

1. Day, the Sun riseth at 8. and 0. min. Sets at 4. and 0. min.

10. Day, the Sun riseth at 7. and 19. min. Sets at 4. & 11. min.

20. Day, the Sun riseth at 7. and 34. min. Sets at 4. & 26. min.

i	a	Petro yeate d	Tau. 22		11	d
ij	b	Da. Steph.	Gem. 4		12	e
iiij	c	Da. John	Gem. 16		13	f
viij	d	Da. Innoc.	Gem. 28	● full moone	14	g
v	e	Edm. depol.	Can. 11	the vi. day, halfe	15	h
vij	f	Twelke day	Can. 23	an houre past iii.	16	b
viiij	g	Felix e Jan.	Leo 6	of the clocke in	17	c
x	a	Lucian priest	Leo 19	the afternoone.	18	d
xj	b	Joyce virg.	Virgo. 2		19	e
xij	c	Sol in Aquar	Virg. 15		20	f
xiiij	d	Linus mart.	Virg. 29	(Last quarter	21	g
xv	e	Archad. mar	Libz. 13	the xiii. day, a	22	h
xvi	f	Hilary bish.	Libz. 28	quar. of an houre	23	b
xviiij	g	Felix priest	Scor 12	after vii. of the	24	c
xx	a	Maurice.	Scor. 27	clocke at night.	25	d
xxj	b	Marcell bish	Sag. 11		26	e
xxiiij	c	Anthony dep	Sag. 25		27	f
xxv	d	Prisca virg.	Cap. 10	● New moonz	28	g
xxvi	e	Wollston bish	Cap. 23	the xx. day, halfe	29	h
xxviiij	f	fab. e Seb.	Aquar 7	an houre past iii.	30	b
xxix	g	Agnes virg.	Aqua. 20	of the clocke in	31	c
xxx	a	Vincent ma.	Pisces 3	the afternoone.	1	d
xxxiij	b	Term begin	Pisc. 16		2	e
xxxv	c	Timothy	Pisc. 28		3	f
xxviij	d	Con. of Pau	Tries 11) first quar-	4	g
xxix	e	Policarp bi.	Tries 23	ter the xxviii.	5	h
xxx	f	Agnes the se	Taur. 5	day, halfe an	6	b
xxxiij	g	Valerius bi.	Tau. 18	houre after x. of	7	c
xxxv	a	Theodore p.	Gem. c	the clocke in the	8	d
xxxviij	b	Barild Da.	Gem. 12	moyning.	9	e
xxxix	c	Saturnine	Gem. 24		10	f

February hath xxviij. dayes.

Milke, Hearbes, and fenish Fowle deny,
Purge not, nor vse Phlebotomie.

1. Day, the Sun riseth at 7. and 13. min. Sets at 4. & 46. min.
10. Day, the Sun riseth at 6. and 56. min. Sets at 5. & 4. min.
20. Day, the Sun riseth at 6. and 36. min. Sets at 5. & 24. min.

j	d	Virgeer	Jan.	7		11	g
ij	e	Part. of Ma	Can.	19		12	a
iii	f	Blase bish.	Leo	2	● Full moone	13	b
iiii	g	Gilbert bish.	Leo	15	the v. day, at vi.	14	c
v	a	Agathe virg	Leo	28	of the clocke in	15	d
vi	b	Medast & M	Virg.	12	the morning.	16	e
vii	c	August bish.	Virg.	25		17	f
viii	d	Paul bish.	Libr.	16		18	g
ix	e	Septuagesim.	Libr.	24	(Last quarter	19	a
x	f	Scholastica	Scor.	8	the xii. day, a	20	b
xi	g	Docther bish.	Scor.	23	quar. of an houre	21	c
xii	a	Terme ends	Sagit	7	after 2. of the	22	d
xiii	b	Wolffian bish	Sagit	22	clock in the mor-	23	e
xiiii	c	Valentine	Capr.	6	ning.	24	f
xv	d	Fault & Jo.	Capr.	20		25	g
xvi	e	Sexagesima.	Aquar.	3		26	a
xvii	f	Germanici	Aqua.	16	● New moone	27	b
xviii	g	Hugh bish.	Aqua.	29	the fix day, at 6.	28	c
xix	a	Sabine	Pisc.	12	of the clocke in	1	d
xx	b	Mildred vir	Pisc.	24	the morning.	2	e
xxi	c	79. Martyrs	Brtes	7		3	f
xxii	d	Peters Cha.	Brtes	19		4	g
xxiii	e	Shouelund	Taur.	1) First quar-	5	a
xxiiii	f	Marthas	Tau.	13	ter the xxvii. day	6	b
xxv	g	Inuen. Pau	Tau.	25	halfe an houre	7	c
xxvi	a	Alfred wed.	Gem.	7	after vi. of the	8	d
xxvii	b	August. bish.	Gem.	19	clocke in the	9	e
xxviii	c	Oswald bish	Can.	2	morning.	10	f

Note that 60. minutes maketh an houre, 30. minutes
maketh halfe an houre, and 15. maketh a quarter of an
houre, &c.

March hath xxxj. dayes.

Grosse meates doe hurt, vse Food that's fine,
Let Blood, and take some Medicine.

1. day, the Sun riseth at 6. and 19. min. Sets at 5. & 41. min.

10. day, the Sun riseth at 6. and 1. min. Sets at 5. & 5. min.

20. day, the Sun riseth at 5. and 45. min. Sets at 6. & 19. min.

j	d	David bish.	Can. 14		11	g
ij	e	Quadragesim	Can. 27		12	a
iiij	f	Maurice	Leo 10	● Full moone	13	b
iiij	g	Dorian mart	Leo 23	the vi. day, three	14	c
b	a	Ember week	Virg. 7	quarters of an	15	d
bj	b	Victor, & Vic	Virg. 21	houre past 5. of	16	e
bij	c	Perpetua	Libr. 5	the clocke in the	17	f
biiij	d	Felix mart.	Libr. 19	euening.	18	g
ix	e	40. Martyrs	Scor. 4		19	a
x	f	Sol in Aries	Scor. 19		20	b
xj	g	Quirian	Sag. 3	(Last quarter	21	c
xij	a	Gregory bish	Sag. 18	the xii. day, half	22	d
xiiij	b	Theodorus	Capri. 2	an honre after 9.	23	e
xiiij	c	Candide ma	Cap. 16	of the clocke in	24	f
xb	d	Longine ma	Aquar 0	the morning.	25	g
xbj	e	Boniface bi.	Aqua. 13		26	a
xbij	f	Gertrude vir	Aqua. 26		27	b
xbiiij	g	Edward R.	Pisc. 9	● New moone	28	c
xxix	a	Jos. Ma. hus	Pisc. 21	the xx. day, three	29	d
xx	b	Euthbert	Aries 3	quarters of an	30	e
xxj	c	Benedict	Aries 15	houre after ix. of	31	f
xxij	d	Isrodis	Aries 27	the clocke at	1	g
xxiiij	e	Theodoze	Tau. 9	night.	2	a
xxiiij	f	Jan. Reg. Jac.	Tau. 21		3	b
xxb	g	Ann. of Ma	Gem. 3) First quar-	4	c
xxbj	a	Castor. mart	Gem. 15	ter the xxix. day,	5	d
xxbij	b	Martian	Gem. 27	a quarter of an	6	e
xxbiiij	c	Dorothe	Can. 9	houre after one	7	f
xxix	d	Quintine	Can. 22	of the clocke in	8	g
xxxi	e	Quirine	Leo 5	the morning.	9	a
xxxj	f	Idelme	Leo 18		10	b

April hath xxx. dayes.

Our Bloods being hot, coole Hearbes now vlc,
And Marches precepts not refuse.

1. day, the Sun riseth at 5. and 18. min. Sets at 6. & 42. min.
10. day, the Sun riseth at 5. and 1. min. Sets at 6. & 59. min.
20. day, the Sun riseth at 4. and 43. min. Sets at 6. & 17. min.

i	g	Gildard	Virgo 1	11	c
ii	a	Mary Egip	Virg. 15	12	d
iii	b	Richard bish	Virg. 29	13	e
iiii	c	Ambrase	Libz. 14	14	f
v	d	Vincentius	Libz. 28	15	g
vi	e	Sixtus bish	Deco. 13	16	h
vii	f	Euphemia	Deco. 28	17	i
viii	g	Egillippus	Sag. 13	18	j
ix	a	Perperuus	Sag. 28	19	k
x	b	7. Virgins	Capz. 12	20	l
xi	c	Solin Taurus	Cap. 26	21	m
xii	d	Julius	Aqua. 10	22	n
xiii	e	Easter day	Aqua. 23	23	o
xiiii	f	O'effe	Pisc. 6	24	p
xv	g	Osward Rec.	Pisc. 19	25	q
xvi	a	Isidore bish.	Trics 1	26	r
xvii	b	Antecus	Trics 13	27	s
xviii	c	Eleuther. bi.	Trics 25	28	t
xix	d	Alphage bish	Taur. 7	29	u
xx	e	Victor bish.	Tay. 18	30	v
xxi	f	Simon bish.	Gemz. 0	1	w
xxii	g	Sorher virg	Gem. 12	2	x
xxiii	a	S. George	Gem. 23	3	y
xxiiii	b	Willfrid	Can. 5	4	z
xxv	c	Mark the Pau	Can. 18	5	a
xxvi	d	Clere bish.	Leo 0	6	b
xxvii	e	Anastace	Leo 13	7	c
xxviii	f	Arctalis mar	Leo 26	8	d
xxix	g	Peter of Mt	Virg. 10	9	e
xxx	a	Terin begu	Virg. 23	10	f

The Moone
Eclipsed.

● Full moone

the v. day, halfe
an houre after
iii. of the clocke
in the morning.

● Last quarter
the xi. day, at vi.
disc. 6 of the clocke in
the evening.

● New moon
the xix. day, a
quar of an houre
after 2. of the
clocke in the e-
vening.

● first quar-
ter the xxviii. day
a quarter of an
houre past iii. of
the clocke in the
aftermoone.

May hath xxxj. dayes.

Put Sage in Drinke, drinke Wormewood Wine,
Vse Phylickes helpe, and rise betime.

1. day, the Sun riseth at 4. and 25. min. Sets at 7. & 35. min.
10. day, the Sun riseth at 4. and 22. min. Sets at 7. & 48. min.
20. day, the Sun riseth at 4. and 0. min. Sets at 8. & 0. min.

i	b	Phyl & Iaco.	Liby. 8	11	e
j	c	Thanasius	Liby. 22	12	f
ij	d	Inuen. Cruc	Scor. 7	13	g
iiij	e	Chilosopher	Scor. 22	14	h
b	f	Goddard	Mag. 7 the iiii. day, hail	15	b
bj	g	Iohn Port La	Mag. 22 an houre after	16	c
bij	a	Iohn Weuer	Capr. 7 xi. of the clocke	17	d
viij	b	Spar. Mich	Cap. 21 at none.	18	e
ix	c	Trans. Mlc	Aquer. 5	19	f
x	d	Godian & C.	Aqua. 19	20	g
xj	e	Beda Priest	Dioces 2	21	h
xij	f	Sol in Gem.	Dioc. 15 the xi. day, a	22	b
xiiij	g	Corona bish.	Dioc. 28 quart. of an houre	23	c
xliij	a	Somiface	Dioc. 10 after vi. of the	24	d
xv	b	Idore	Dioc. 22 clock in the moy	25	e
xvj	c	Orandon bi	Tau. 4 ning.	26	f
xviij	d	Trans. Wern.	Tau. 16	27	g
xviiij	e	Roga. Dun.	Tau. 27	28	h
xix	f	Dunstan con	Gem. 9	29	b
xx	g	Bernardine	Gem. 21 the xix. day, 3-	30	c
xxj	a	Hellen M.	Can. 2 quarters of an	31	d
xxiiij	b	Ascension d	Can. 14 houre after b. of	1	e
xxiiij	c	D. Adettj	Can. 26 the clocke in the	2	f
xxliij	d	Trans. of fr	Leo 9 morning.	3	g
xxv	e	Adelme bish	Leo 22	4	h
xxvj	f	Terme end	Virgo. 5	5	b
xxviij	g	German bish	Virgo. 18	6	c
xxliij	a	Corone bish	Libya. 2	7	d
xxix	b	Sichemene	Liby. 16	8	e
xxx	c	Felix l sh.	Scor. 1	9	f
xxxiij	d	Petronega	Scor. 16	10	g

June hath xxx. dayes.

Let Phisicke goe, coole Hearbes now take,
Sweet Drinkes and Venus now forsake.

1. Day, the Sun riseth at 3. and 51. min. Sets at 8. & 9. min.
10. Day, the Sun riseth at 3. and 48. min. Sets at 8. & 2. min.
20. Day, the Sun riseth at 3. and 51. min. Sets at 8. & 9. min.

j	Whit Sunday	Ag. 1		11	a
ij	Marcelline	Ag. 16	● full moon	12	b
iiij	Grasmus ma	Cap. 0 the ij. day, at 7.		13	c
liij	Embert week	Cap. 15 of the clocke in		14	d
b	Bonifacius	Aqua. 0 the euening.		15	e
bj	Melone	Aqu. 14		16	f
bij	Mollan	Aqua. 27		17	g
biiij	Trinity	Pisc. 11	☾ Last quarter	18	a
ix	Tran. of Edm	Pisc. 24 the ix. day, halfe		19	b
x	Juan. confel	Aries 6 an houre after 5.		20	c
xj	Barnab. con	Aries 19 of the clocke in		21	d
xij	Corpus Chri	Taur. 1 the euening.		22	e
xiiij	Term begin	Tau. 13		23	f
xliij	Basil bish.	Tau. 25		24	g
xx	Wite & Mod.	Gemi. 7		25	a
xxj	Rich. trans.	Gemi. 18	● New moone	26	b
xxij	Botolph	Canc. 0 the xxij. day, 3.		27	c
xxiiij	Gregorius	Can. 12 quarters of an		28	d
xxix	Nat. K. James	Can. 24 houre past viij.		29	e
xx	Edward tra	Leo 6 of the clocke at		30	f
xxj	Malburg bi	Leo 18 night.		1	g
xxij	Alban mart.	Virg. 1		2	a
xxiiij	Judith	Virg. 14		3	b
xxliij	S. Jo Bapt	Virg. 28	☾ first quar-	4	c
xxv	Tran. of Ele	Libz. 11 ter the xxv. day,		5	d
xxvj	John & Paul	Libz. 26 at noone.		6	e
xxviij	Crescentius	Scor. 10		7	f
xxliij	Leonis. xau	Scor. 25		8	g
xxix	Peter Apost.	Ag. 10		9	a
xxx	Con. of Pau	Ag. 24		10	b

Iuly hath xxxj. dayes.

Haue Sallads coole to euery Messe,
And bathe thy selfe in Riuers fresh.

I. Day, Sun riseth at 4 and 0. min. Sets at 8. and 0. min.
IO. Day, Sun riseth at 4. and 25. min. Sets at 7. and 35. min.
20. Day, Sun riseth at 4. and 43. min. Sets at 7. and 27. min.

i	g	Ota John	Cap. 9		11	c
ij	a	Term ends	Cap. 24	● Full moone	12	d
iiij	b	Tra. Thom	Aqua. 8	the second day,	13	e
viij	c	tran. Mary	Aqua. 22	halfe an houre	14	f
v	d	Zoe virgin	Disces 5	past 2. of the clo.	15	g
viij	e	Ota Petri	Disce. 19	in the morning.	16	a
xiij	f	Thom. tranf	Fries 2		17	b
xviij	g	Dep. Grimb	Fries 14		18	c
ix	a	Cirill bish.	Fries 27	(Last quarter	19	d
x	b	7. Bieyth. ma	Tau. 9	the ix. day, halfe	20	e
xij	c	tran of Ben.	Tau. 21	an houre past 8.	21	f
xiiij	d	Nabor & fel	Gem. 3	of the clocke be-	22	g
xv	e	Sol in Leo	Gem. 15	foze noone.	23	a
xviij	f	Reuell.	Gem. 27		24	b
xx	g	Wichin tr.	Can. 9		25	c
xxij	a	tra. Omond	Can. 21	● New moone	26	d
xxiiij	b	Kenelme R.	Leo 3	the xxii. day,	27	e
xxviij	c	Arnolph bish	Leo 16	halfe an houre	28	f
ix	d	Weg da vea	Leo 28	after 10. of the	29	g
xx	e	Margaret v	Virg. 11	clock before noon.	30	a
xxij	f	Praxe de vir.	Virg. 24		31	b
xxiiij	g	Mary Mag.	Libra 8) First quar-	1	c
xxviij	a	Apolline bish	Libz. 22	ter the xxiii. da.	2	d
xx	b	Christi pau	Scor. 6	at vi of the clock	3	e
xxij	c	James Jon	Scor. 20	in the euening.	4	f
xxviij	d	Anne M. mo	Mag. 6		5	g
xxviij	e	7. Sleepers	Mag. 19		6	a
xxviij	f	Samplon bi	Capz. 4	● Full moone	7	b
xxix	g	Felix his fe	Cap. 18	the xxxj. day, at	8	c
xxx	a	Abdon & Se	Aqua. 3	xi. of the clocke	9	d
xxxj	b	Germane	Aqua. 17	at noone.	10	e

August hath xxxj. dayes.

Fly Physicke and Phlebotomy,
 Elchew colde Bathes and Venerly.

1. day the Sun riseth at 4. and 33. min. Sets at 7. & 17. min.
 10. day, the Sun riseth at 5. and 2. min. Sets at 6. & 5. min.
 20. day. the Sun riseth at 5. & 18. min. Sets at 6. & 42. min.

j	c	Lammias da Pulc.	0	15	f
ij	d	Stephen Pisc.	13	12	g
iiij	e	Inuent. Ste Pisc.	26	3	a
viij	f	Iustine pte. Dries	9	14	b
x	g	Colutes con Dries	22	15	c
xij	a	Tran. of Ch Taur.	4	16	d
xiiij	b	Festum Ies. Tau.	17	17	e
xv	c	Ciri. & his fe. Tau.	29	18	f
xviij	d	Roman mar. Gem.	11	19	g
xx	e	Lamoren. ma. Gem.	23	20	a
xxij	f	Tiburt marr. Canc.	5	21	b
xxiiij	g	Clare vir. Can.	17	22	c
xxv	a	Sol in Virgo Leo	0	23	d
xxviij	b	Eusebius Leo	12	24	e
xxix	c	Alum. of M Leo	25	25	f
xxx	d	Roch. marr. Virg.	8	26	g
xxxi	e	Oct Lamoren Virg.	21	27	a
xxxii	f	Agapit marr. Libz.	4	28	b
xxxiii	g	Magnus ma Libz.	18	29	c
xxxiv	a	Lewis bish. Scoz.	2	30	d
xxxv	b	Barnarde Scoz.	16	31	e
xxxvi	c	Primasus Dag.	1	1	f
xxxvii	d	Timoth. fall Dag.	15	2	g
xxxviii	e	Barthol. Ap Capri.	0	3	a
xxxix	f	Lewis King Capri.	14	4	b
xl	g	Seuerine Cap.	24	5	c
xli	a	Rufin. marr. Aqua.	12	6	d
xliij	b	Augustin bi. Aqua.	26	7	e
xliiij	c	Dag da end. Pisc.	9	8	f
xlv	d	Felix & Aud. Pisc.	22	9	g
xlvj	e	Cuth virg. Dries	5	10	a

(Last quarter
 the viij. day, a
 quar. of an houre
 after one of the
 clock in the mor-
 ning.

● New moone
 the xv. day, a
 quar. of an houre
 after xi. of the
 clocke at night.

) First quar-
 ter the xxi. day,
 at xi. of the clock
 at night.

● full moone
 the xxix. day, at
 x. of the clocke at
 night.

September hath xxx. dayes.

Now drinke Goates milke, on ripe Fruites feed,
 V need require, Purge, Bathe and Bleed.

1. day, the Sun riseth at 5. and 41. min. Sets at 6. & 19. min.
 10. day, the Sun riseth at 6. and 1. min. Sets at 5. & 59. min.
 20. day, the Sun riseth at 6 and 19. min. Sets at 5. & 41. min.

i	f	Giles Abbot	Bries 17	11	b
ij	g	Anthonz ma	Tau. 0	12	c
ijj	a	Domin Greg	Tau. 12	13	d
iiii	b	Tra. of Cut.	Tau. 24	14	e
v	c	Bertine Ab.	Gem. 6	15	f
vj	d	Eugenius	Gem. 18	16	g
vij	e	Nat. Reg. Eli.	Cane. 1	17	h
viii	f	Nat. of Mar	Can. 13	18	i
ix	g	Gorgontiana	Can. 25	19	c
x	a	Dilutus bish	Leo 8	20	d
xj	b	Dyth & Jac	Leo 20	21	e
xij	c	Martinian	Virgo. 3	22	f
xiii	d	dol in Libra.	Virg. 17	23	g
xiiii	e	Ember week	Libra 0	24	h
xv	f	Nichodemus.	Libz. 14	25	b
xvj	g	Edith bish.	Libz. 28	26	c
xvij	a	Lambert	Scor. 12	27	d
xviii	b	Victor & Cor	Scor. 27	28	e
xix	c	Januari. ma	Sag. 12	29	f
xx	d	Eustace fall	Sag. 26	30	g
xxj	e	Wachetw 3p	Cap. 11	1	h
xxij	f	Maurice	Capz. 25	2	b
xxiii	g	Tecla bish.	Aqua. 9	3	c
xxiiii	a	Andoche ma.	Aqua. 23	4	d
xxv	b	Fermin. bish	Pisces 6	5	e
xxvj	c	Elysi. & Iust	Pisc. 19	6	f
xxvij	d	Colme & Da	Bries 1	7	g
xxviii	e	Cruper bish.	Bries 14	8	h
xxix	f	Michael Ar	Bries 27	9	b
xxx	g	Hierome prie	Tau. 8	10	c

(Last quarter

the vi. day halfe

an houre after

vi of the clocke

in the euening.

● New moone

the xiii. day, at

xi. of the clocke

at noone.

) First quar-

ter the xxi. day,

halfe an houre

after iiii. of the

clocke in the

morning.

● Full moon

the xxviii. day,

halfe an houre

after xi. of the

clocke at noone.

October hath xxxj. dayes.

Strong Wines, hot Bathes, and Spice that's good,
Preferues our health : Purge, and let Blood.

1. day, the Sun riseth at 6. and 26 min. Sets at 5. & 24. min.

10. day, the Sun riseth at 6. and 56. min. Sets at 5. & 4. min.

20. day, the Sun riseth at 7. and 13. min. Sets at 4. & 47. min.

j	a	Remigius bi	Tau. 20		11	d
ij	b	Leodigar. m.	Gemi. 2		12	e
iiij	c	Candio. mar	Gemi. 14		13	f
iiij	d	francis	Gemi. 26	(Last quarter	14	g
v	e	Appollinari.	Can. 8	the vi. day, halfe	15	h
vi	f	saith birg.	Can. 20	an houre past one	16	b
vij	g	Marc. & Ma	Leo 3	of the clocke af-	17	c
viiij	a	Delagi. birg	Leo 15	ternoone.	18	d
ix	b	Terre begen	Leo 28		19	e
x	c	Gereon & W	Virg. 12		20	f
xj	d	Nichall. bish	Virg. 25	● New moon	21	g
xij	e	Wilfride	Libz. 9	the xiii. day, iii.	22	h
xiiij	f	Sol in Scorp.	Libz. 23	quarters of an	23	b
xv	g	Orholy	Scor. 7	houre after ix. of	24	c
xvi	a	Amolftran	Scor. 22	the clocke at	25	d
xvij	b	Nich. mount	Sag. 7	night.	26	e
xviii	c	Echel. transl.	Sag. 22		27	f
xix	d	Luke Euan.	Capz. 6		28	g
xx	e	Frides. birg.	Capz. 21	● First quar-	29	h
xxj	f	Tullrebert	Aquar. 5	ter the xx. day,	30	b
xxij	g	11000. Vir.	Aqua. 19	halfe an houre	31	c
xxiiij	a	Mary Salo.	Pisces 3	after high noon.	1	d
xxv	b	Roman. Jec.	Pisc. 16		2	e
xxvi	c	Magloze bi.	Pisc. 29		3	f
xxvii	d	Crispian & Cr	Aries 11	● full moon	4	g
xxviii	e	Ursula	Aries 23	the xxviii. day, at	5	h
xxix	f	Flozenc. fash	Taur. 5	iii. of the clocke	6	b
xxx	g	Simona Ju	Tau. 17	in the morning.	7	c
xxxi	a	Marcellus	Tau. 29		8	d
xxxii	b	Germane	Gemi. 11		9	e
xxxiii	c	Quintin fash	Gemi. 22		10	f

Nouember hath xxx daues.

From Colde preferue thy head and feete,
Abstaine from Wine that's new and sweete.

1. day, the Sun riseth at 7. and 34. min. Sets at 4. & 2. min.
10. day, the Sun riseth at 7. and 34. min. Sets at 4. & 16. min.
20. day, the Sun riseth at 8. and 30. min. Sets at 4. & 30. min.

j	d	All Saints	Can. 4		11	g
ij	e	All Soules	Can. 16		12	h
iiij	f	Agnesfride	Can. 28		13	b
viij	g	Amantius	Leo 11	(Last quar-	14	c
v	a	Papiss conf	Leo 23	ter the v. day, a-	15	d
vij	b	Leonard	Virgo. 6	bout viij. in the	16	e
viiij	c	Willibrode	Virg. 19	morning.	17	f
x	d	4. Crotoned	Libra 3		18	g
xij	e	Theodore	Libr. 17		19	h
xiiij	f	Martine	Scor. 1	● New moon	20	b
xv	g	Martin bish	Scor. 16	the xij. day, at	21	c
xviij	a	Sol in Sagit.	Sagit. 1	viii. of the clocke	22	d
xx	b	Butce	Sag. 16	in the morning.	23	e
xxiiij	c	Tral. of Erh	Capri. 1		24	f
xxv	d	Macute bish	Capr. 16		25	g
xxviij	e	Edmund Br.	Squa. 0		26	h
xxix	f	Wigh bish	Squa. 15) First quar-	27	b
xxx	g	Oeta Martin.	Squa. 29	ter the xxviii. day	28	c
xxxi	a	Elizab. marr	Pisc. 12	halfe an houre	29	d
xxxii	b	Edmund R.	Pisc. 25	after xj. of the	30	e
xxxiii	c	Biel of Ma.	Tries 8	clocke at night.	1	f
xxxiiii	d	Cicilie virg.	Tries 21		2	g
xxxv	e	Clement bi.	Taur. 3		3	h
xxxvi	f	Grillogon ma	Tau. 15	● Full moon	4	b
xxxvii	g	Katherine	Tau. 26	the xxxvj. day,	5	c
xxxviii	a	Linus bish.	Gem. 8	halfe an houre	6	d
xxxix	b	Agricola	Gem. 20	after x. a clocke	7	e
xl	c	Germe ends	Can. 1	at night.	8	f
xli	d	Saturn fall	Can. 13		9	g
xlii	e	Andrew Apo	Can. 25		10	h

December hath xxxi. dayes.

Use meate that's warme, hot Spice and Wine,
Feast moderately this Christmas time.

1. day, the Sun riseth at 8. and 10. min. Sets at 3. & 50. min.
10. day, the Sun riseth at 8. and 11. min. Sets at 3. & 49. min.
20. day, the Sun riseth at 8. and 6. min Sets at 4. & 0. min.

j	f	Eligius	Leo 7	11	b
ij	g	Libantus m.	Leo 19	12	c
iiij	a	Dep. of Osm	Virgo 2	(Last quarter
liij	b	Barbara vir	Virg. 15	the liij. day,	a
v	c	Sabine Ab.	Virg. 28	quarter of an	15
vij	d	Nicholas bi.	Libz. 11	houre after mid-	16
viiij	e	Oct. Indrem	Libz. 25	night.	17
ix	f	Cone of Ma	Scor. 10		18
x	g	Cyprian Ab.	Scor. 24		19
xi	a	Eulalie virg	Sag. 9	● New moone	20
xij	b	Damascus b	Sag. 24	the xi. day, at 6.	21
xiiij	c	Sol in Capr.	Cap. 9	of the clocke at	22
xv	d	Embertweck	Cap. 24	night.	23
xviij	e	Orholp Virg.	Aqua. 9		24
xv	f	Valerian	Aqua. 23		25
xviij	g	O Sapientia	Pisces 7		26
xxij	a	Lazarus bish	Pisc. 21) Full quar-	27
xxiiij	b	Gratian bish	Aries 4	ter the xxij. day	28
xxv	c	Henetta vir.	Aries 17	3. quarters of an	29
xxvi	d	Jullan fall	Aries 20	houre past one of	30
xxvij	e	Thomas Ap	Tau. 12	the clocke after-	31
xxviij	f	30. Martyn	Tau. 24	noone.	1
xxix	g	Adonia vir.	Gemi. 6		2
xxx	a	Candid. fall	Gemi. 17		3
xxxi	b	Thyllinas d.	Gem. 29	● Full moon	4
xxxij	c	St. Stephē	Can. 11	the xxxi. day,	5
xxxiiij	d	Yohu Euan	Can. 22	halfe an houre	6
xxxv	e	Innocent	Leo 4	after v. of the	7
xxxvi	f	Thom. Deek	Leo 16	clocke at night.	8
xxxvii	g	James tran.	Leo 28		9
xxxviii	a	Stueller bi	Virg. 11		10

White 1623.

*A Prognostication, for
this Yeare of our Lord
God, 1623.*

*Being the third from the Bissextile, or
Leape yeere.*

Wherein is contayned the estate of the whole
Yeere, the disposition of each Quarter, and the
inclination of the weather for every Quar-
ter of the Yeere throughout the
whole yeere.

With the rising and setting of the Planets, hus-
bandly aduertisements, and other things fit to
be knowne, both pleasant and pro-
fitable.

Also at the end of the Booke the whole Almanacke
contained in one leafe for this yeare which being
cut out, is fit to be placed into a Table booke,
Booke of Accompt, or other.

By Iohn White, well-willer to
the Mathematickes.

Imprinted at London for the
Company of Stationers.

1622.

A bricfe Computation of time compleat within this present yeare 1623.

F rom the Creation of the World untill this present	5585.
yeare, are contained of yeares.	
From the Creation untill the generall Deluge.	1663.
From the Creation of the World untill Christ.	3973.
From Noes Flood untill this present yeare.	3929.
Since the birch of Abraham.	3637.
Since the Israelites departed out of Egypt.	3131.
Since the destruction of the Cite of Troy.	2806.
Since Bruce entered this Island.	2730.
Since the building of the Temple by Salomon.	2646.
Since the building of the Cite of Rome.	2374.
Since Nabucadonozar the King.	2370.
Since the Captiuitie of Babilon.	2259.
Since the desolation of the Temple.	2228.
Since the death of Alexander the great.	1947.
Since Julius Cæsar was slaine with Pompey.	1672.
Since the birch of our Saviour Christ.	1623.
Since Ierusalem was destroyed by Titus Vespasian.	1540.
Since England first receiued the Christian faith.	1443.
Since the Conquest of England by Duke William.	652.
Since the science of Printing was first inuented.	163.
Since King Henry the 8. conquered Bulloigne.	79.
Since the infectious Sweating sicknesse, in Edward 6.	72.
Since S. Pauls Steele in London fired by lightning.	62.
Since the great Plague at Newhauen and London.	60.
Since the Carles Rebellion in the North.	54.
Since the blasing Starre, and sharpe Winter.	51.
Since the whole Heauens seemed to burne with Fire.	49.
Since the deepe Snow.	44.
Since the generall Earthquake in England.	43.
Since the Campe at Tilbury in Essex.	35.
Since the beginning of the reigne of our King IAMES the first of England, compleat in March the 24. is 20. yeares, but current 21. yeares,	20.

A briefe Declaration of the Disposition of the foure Quar- ters of this Yeare 1623.

And first of Winter.

*The Winter Quarter best doth prophesare
To all Degrees, and Sexes, their estate.*

Sol in Capricorne, Aquarius, Pisces.

The Winter Quarter, doth begin when the Sunne
doth enter into the first degree of the twelfth
Signe Capricorne, which the last Yeare 1622. was
vpon the twelfth day of December) and doth con-
tinue this Yeare 1623. till the tenth day of March, & lasteth
till the Sunne doth make his progress through these three
winterlie Signes, Capricorne, Aquarius, and Pisces.

The naturall and vsuall qualitie of this Quarter is cold
& moysture (contrary to the Summer Season) & participateth
of the Phlegmatick Complexion, which Element doth
chiefly conserue from 11. of the clock in the after noone, till 11.
at night. Now doe the raging winds make the big wombs
Of an burd forth her ayre burthen, and gapes to swallow
many a pain'ful Pile, with the losse of many liues. Flowers do
abound, the Pye is piercing and colde, and robbeth all liuing
creatures of their former strength and nature: Now are
the pores of the Earth enclosed and shut vp by the extre-
mytie and coldnesse of the ayre: Beasts betake them to
their Caves and Dens: Fowles to the warmest Climes,
and fishes to the deepe of the waters for their most com-
fort: For looke what the comfortable Spring and cheerefull
Summer doth produce and nourish, both this Quarter de-
stroy and banish: The more colde and drye it is, the more
wholesome, but ouermuch cold destroyeth trees in a warthe
Region: A warme and moyst Winter is an enemy to nature,

A Prognostication.

and vnprofitable to the Husbandman, but indifferent store of Snow doth ranken the earth, and p̄serueth Come. To conserue health, it is necessary we should vse such meates whose operation is hot and dry: expelling the coldnesse of the Ayre by strong Meates, warme Drinckes and comfortable Broathes. Keepe thy Head and Feet from Wet and cold. The Body can not digest more grosse and strong Meates then in Summer, by reason naturall heate is giuen inwards by coldnesse of the Ayre, comforting the vitall Spirits, and helpeth digestion.

The Diseases incident to this quarter these (or the like) as Cramps, Goutes, Palsies, Cathars, Coughes, Poles, Fluxes, sore Eyes, Rheumes, Toothache, Sciaticas, &c.

The Second part of the Yeare called the Spring.

*The Spring compared is to Infancy,
To spring and grow in Vertue till we dye.*

Sol in Aries, Taurus, Gemini.

The Spring taketh her beginning, when the resplendant beames of Sol toucheth the first degree of the first Equinoctiall and fiery Signe Aries, hapning on the tenth day of March (and doth continue till he passeth through these three Verball Signes, Aries, Taurus, and Gemini) and endeth on the thirteenth day of June.

Naturall this Quarter is of condition hot and moist, taking part of the Sanguine complexion, which Element doth predominate from nine of the clocke at night, till three of the Clocke in the morning. Now are the Dayes and Nights of an equall length, and the cheeriull Sonne casts a delightfull aspect on the Earth. This is the most wholesome and pleasant Quarter in the yeare, and most conuenient to put away sicknesses of a long continuance, and to prevent such as are likely to ensue. Now doe the Fowles of the Ayre couple, Beasts of the Earth doe increase, and the Fishes of the Waters multiply, leauing the deepe to lye in shallow places: The Earth produceth all manner of Hearbes

Herbes and Fruits, for the needfull vse of Man and Beast. If the Spring be ouer wet, it increaseth weeds, and causeth fruit to bee scarce and putrified, Ale such drinks that are more small and coole (then in Winter) and let your meat be hot and dry: Now Bathing, Bleeding, Purgings, and Sweating, are requisite (if necessitie require.)

Sicknesses usually attending this Quarter are these, Scabs, Measles, smal Pore, Pusshes in the face, Rheumes, Agues, Kings euill, &c.

Of the third part of the Yeare, called Summer.

*Like Man in his chiefe state and lusty yeares,
The ripening Summer Quarter best appears.*

Sol in Cancer, Leo, Virgo.

Summer beginneth when the Sunne doth enter into the first degree of Cancer, which is vpon the thirteenth day of Iune, and doth continue whilst he passeth through these three Solsticiall Signes, Cancer, Leo, and Virgo, and doth end vpon the thirtieth day of September.

The usuall quality of this Quarter is to bee hote and drye, and of complexion Chollericke; which Element hath cheifest predominacion from thre of the Clocke in the morning, till nine in the fore noone. The Sunne is now mounted to the highest period of the Heauens, making the Dayes longest, and the Nights shortest; Heat at the highest, and Clouds at the lowest, the Air is most patient, and the Seas calme. Now is the Earth suted in her richest Embodery, yielding great comfort to all lining creatures: Flowers are in their beauty, and Fruits in their prime; The painefull Bees gathereth their Honney, and the labouring Husband man reapeth the fruit of his former toyle. Naturall heat is now disperfed into the exterior and outward parts of the bodie, and Man is not so hot within as in Winter, nor digestion so strong: Coole and small drinks are most necessary for our bodies, and small stoe of meats doth best suffice Nature,

A Prognostication.

and that which is boyled is most necessary for our health. And take such things which is of a colde and moist nature. And let Summer correcte Fecitie, and destroyeth Greine.

Sickenesses commonly attending this quarter are Jaundies, Agues, Pestilence, Feuers, paine of the Head and Belly.

Of the fourth part of the Yeere, called Autumne or Haruest.

*As Autumne steales the sappe from Tree and Flower,
So Death comes creeping nearer euery houre.*

Sol in Libra, Scorpio, Sagitari.

Autumne, or the fall of the Leafe, beginneth when the Sunne doth enter into the first degree of the second Equinoctiall signe Libra, which is vpon the thirtiesnth day of September, and continueth till hee trauesereth through these thre Autumnaill signes, Libra, Scorpio, and Sagitari, and endeth on the xij. of December.

Usually the nature of this Quarter is to be cold and drie, and is of the Melancholy Complexion: which Element hath predominacion from nine of the clocke in the morning till thre in the afternoone: Now are the daies and nights of an equall length: Grasse is mowed, and Coyn is reaped, fruits are pluckt, leaues do fall, Floures fade, the face of the Earth loseth her beauty: Springes decrease, Roubes increase, All things loseth their vigour and the most part of sensible Creatures seeketh a refuge against the stormy ensuing Winter. A cold Autumne, causeth fruits to los quantitie, beauty, and iuce. There is no Quarter so unholsome as this, nor moys subject to diseases and Sickenesses, therefore beware of the turning and Moyning colde.

The Sickenesses incident to this Quarter are these or the like, as the Stone, paine of the Backe and Kidneys, sore Eyes, Melancholy

White 1623.

Sanchoy, Agues, Falling Sickneses, Fluxe of blood, Filthi-
lacs, Spleene, Emross, &c.

The rising and setting of the Planets, with the
disposition of the Weather for every Quar-
ter of the Moone, for this year, 1623.

Of January.

♄ Saturne and ♃ Jupiter riseth presently after Sunne set.

♂ Mars is past the South at Sunset.

♀ Venus, and ☿ Mercury sets with the Sunne.

Full Moone on Monday the vi. day, 12. min. after iii. of the clocke
in the afternoon, Raine or Snow.

Last Quarter on Monday the xiii. day, 9. min. after vii. of the
clocke at night, Windy.

New Moone on Monday the xx. day, 29. min. after iii. of the
clocke in the afternoon, windy, and wet.

First Quarter on Tuesday, the xxviii. day, 36. minutes after
10. of the clocke before noone, Frost.

Of February.

♄ Saturne and ♃ Jupiter are toward the West at Sunset.

♂ Mars is full South at Sunne set.

♀ Venus and ☿ Mercurie, sets with the Sunne.

Full Moone on Wednesday the v. day, 47. minutes after v. of the
clocke in the morning, Faire.

Last Quarter on Wednesday the xii. day, 12. min. after ii. of the
clocke in the morning, Faire.

New Moone on Wednesday the xix. day, 53. min. after v. of the
clocke in the morning: wet.

First Quarter on Thursday the xxvi. day, 35. min. after vi. of
the clocke in the morning, Frost.

A Prognostication.

of March.

- ♄ Saturne and ♃ Iupiter, are past the South at Sun rse.
♂ Mars, is South at Sunne set.
♀ Venus, setteth with the Sunne.
☿ Mercurie riseth befoze the Sunne.
Full Moone on Thursday the vi. day, 44. min. after sixe of the
clocke at night, Frost.
Last Quarter on Thursday the xiii. day, 28. min. after ix. of the
clocke in the morning, Faire.
New Moone on Thursday the xx. day 42. min. after ix. of the
clocke at night, faire weather.
First Quarter on Saturday the xxix. day, 10. min. after one of
the clocke in the morning, winde and wet.

Of April.

- ♄ Saturne, and ♃ Iupiter, are full South at Sunne rse.
♂ Mars, is comming towards the South at Sun set.
♀ Venus shinerh in the East befoze the Sunne.
☿ Mercuri is in the West at Sunne set.
Full Moone on Saturday the v. day 28. after iiii. of the clocke in
the morning, and is in Eclipse, windy.
Last Quarter on Friday the xi. day, 8. min. after vi. of the clocke
at night, cloudy.
New Moone on Saturday the xix. day 10. min. after ii. of the
clocke at night, faire.
First Quarter on Sunday the xxvii. day, 17. min. after liii. of
the clocke in the afternoone, faire.

Of May.

- ♄ Saturne, and ♃ Iupiter are Southeast at Sunne rse.
♂ Mars sheweth fire red in the East at Sunne sette.
♀ Venus sheweth gloriously in the East befoze the Sunne rse.
☿ Mercuri setteth a little after the Sunne.
Full Moone on Sunday, the iiii. day, 36. min. after xi. of the
clocke at noon, Raine.

Last

White. 1623.

Last Quarter on Sunday, the xi. day, 17. min. after vi. of the clock
in the morning, wet.

New Moone on Monday the xii. day, 46. min. after v. of the
clocke in the morning, high windes.

First Quarter on Tuesday the xiii. day, 54. min. after viii. of
the clocke in the morning, faire.

Of Iune.

♄ Saturne, ♃ Iupiter, and ♀ Mercuri, riseth before the Sun.

♂ Mars, riseth at the Sunne setting.

♀ Venus is vnder the Sunne beames.

Full Moone on Monday the ii. day, 54. min. after vi. of the
clocke in the evening, faire.

Last Quarter on Monday the ix. day, 23. mi. after v. of the clock
the evening, cloudy.

New Moone on Tuesday the xvi. day, 48. min. after viii. of the
clocke at night: wet.

First Quarter on Thursday the xxv. day, about noone, windy.

Of Iuly.

♄ Saturne, and ♃ Iupiter, riseth with the Sunne.

♂ Mars, is West at Sunne rise.

♀ Venus, sheweth gloriously Southeast at Sunne rise.

♂ Mercury, followeth Venus at the heeles

Full Moone on Wednesday the ii. day 24. min. after two of the
clocke in the morning, faire.

Last Quarter on Wednesday the ix. day 21. minutes after viii. of
the clocke in the morning, hot solitarie daies.

New Moone on Thursday the xvi. day 37. min. after ten of the
clocke in the fore noone: Faire.

First Quarter on Thursday the xxiii. day, 5. min. after sixe of
the clocke in the Evening, wet.

Of August.

♄ Saturne, ♃ Iupiter, and ♀ Mercuri, sett after the Sunne.

Full Moone on Friday the xxx. day at ten of the clocke in the
forenoone: Raine.

♂ Mars

A Prognostication.

♂ Mars, is South-west at Sunne rise.

♀ Venus, shineth Southeast very beautifully before the Sunne.

Last Quarter on Friday the xlii. day, 15. min. after one of the clocke in the morning: Cloudy.

New Moone on Friday the xli. day, 17. min. after xi. of the clocke at night: very faire.

First Quarter on Friday the xlii. day, 6. min. after xi. of the clocke at night: faire.

Full Moone on Friday the xlii. day, at ten of the clocke in the night, rainie.

Of September.

♂ Saturne, and ♃ Jupiter, are South-west at Sunset.

♂ Mars, is past the South at Sunrise.

♀ Venus, is Southeast in her glory before the Sunne.

♂ Mercurie, is under the Sunne beames.

Last Quarter on Saturday the vi. day 40. min. after xii. of the clocke at night: winde and wet.

New Moone on Sunday the xlii. day 15. min. after xi. of the clocke at noone, close weather.

First Quarter on Sunday the xlii. day, 42. min. after xii. of the clocke in the morning: colde.

Full Moone on Sunday the xlii. day, 27. min. after xi. of the clocke at noone: faire.

Of October.

♂ Saturne, and ♃ Jupiter, are past the South at Sunset.

♂ Mars, is South at Sunne rise, blushing red.

♀ Venus, shineth South-East before the Sunne.

♂ Mercurie, perpereth in the East before the Sunne.

Last Quarter on Monday the vi. day 23. minutes after one of the clocke in the afternoone: wet:

New Moone on Monday the xlii. day 47. min. after ix. of the clocke at night: high winde.

First Quarter on Monday the xi. day, 26. min. after ix. of the clocke

White. 1623.

clocke after high noone : some sodaine shewes.
Full Moone on Tuesday the xxviii. day, 52. min. after iii of
the clocke in the morning : frost.

Of Nouember.

♄ Saturne, and ♃ Iupiter, are full South at Sunset.
♂ Mars, is South at Sunrize.
♀ Venus, riseth a little before the Sunne.
☿ Mercuri, shadoweth himselfe vnder the beames of Sol.
Last Quarter on Tuesday the v. day, about eight in the morn-
ing : faire.
New moone on Wednesday the xii. day, at viii. of the clocke in
the morning : faire.
First Quarter on Tuesday the xviii. day 33. minut. after xi.
of the clocke at night : windy.
Full Moone on Wednesday the xxvi. day. 22. min. after ten
of the clocke at night : cold frosts.

Of December.

♄ Saturne, and ♃ Iupiter, are Southeast at Sunset.
♂ Mars, is neere the South at Sunne rise.
♀ Venus, and ☿ Mercuri, settech a little after the Sun.
Last Quarter on Thursday the xiii. day 17. min. after midnight
frosts.
New Moone on Thursday the xi. day, 57. min. after five
of the clocke at night : faire.
First Quarter on Thursday the xviii. day. 45. minutes after one
of the clocke in the afternoone : faire.
Full Moone on Friday, the xxvi. day, 36. min. after five of
the clocke at night : Snow or frost.

**The beginning, continuance, and ending
of the Kings raignes since the Conquest**
with the time how long it is since, to this
Yeare, 1623.

The Kings names.	Began his raigne.	Raigned yeers, mon, daies	Since their Raigne
Wil. Conq.	1066 Octob. 14	20 11 4	536 Septem. 9
Wil. Rufus	1087 Septem. 9	12 11 17	522 August. 1
Henry 1	1100 August. 1	35 4 11	488 Decemb. 2
Stephen	1135 Decem. 2	18 11 8	468 Octob. 25
Henry 2	1154 Octo. 25	34 9 0	433 Iuly. 6
Richard 1	1189 Iuly 6	9 9 0	423 April. 6
Iohn	1199 April. 6	17 7 0	406 Octob. 16
Henry 3	1216 Octob. 19	56 1 0	350 Nouem. 16
Edward 1	1272 Nouē. 16	34 8 6	315 Iuly 7
Edward 2	1307 Iuly 7	19 7 5	299 Ianuary 25
Edward 3	1326 Ianua. 5	50 5 7	245 Iune 21
Richard 2	1377 Iune 1	22 3 4	212 Septem. 25
Henry 4	1399 Septe. 29	13 3 9	210 May 20
Henry 5	1412 March 20	9 5 24	200 August. 31
Henry 6	1422 August. 31	38 6 8	162 March 4
Edward 4	1460 March 4	12 5 1	139 April 9
Edward 5	1483 April 9	0 2 18	139 Ianuary 22
Richard 3	1483 Ianua. 22	2 2 5	137 August 22
Henry 7	1485 August. 22	23 0 4	113 April 22
Henry 8	1509 April. 22	17 10 2	77 Ianuary 28
Edward 6	1536 Ianua. 28	6 5 9	69 Iuly 6
Mary	1553 Iuly 6	5 4 24	65 Nouem. 17
Elizabeth.	1558 Noue. 17	44 4 15	31 March 24
K. Iames.	1602 March. 24		

The explanation of this Table.

NOte that every King began his raigne the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raigne of any King, looke how long it is since the ending of the precedent King, and there you shall find your request.

As for example : if you would know when king Henry the viii. beganne his raigne : how long he raigned, and also how long it is since his raigne : find out first his name amongst the names of the Kings, and searching the row towards the right hand, you you shall find he began his raigne in the yeere 1509. the 22 of Aprill, and vnder the title of the time that they raigned, is 37 yeeres, 10 moneths, and 2 dayes : And looking forward in the same row where is 77. yeeres, January 28, vnder the title of since their raigne, and so long it is since he died.

An Eclipse of the Moone this yeare, 1623.

The fifth Day of Aprill about halfe an houre after three of the clock in the morning will the Moone be Eclipsed, and loose most part of her light, the continuance of which will be about three howers, before she doth fully recover her light againe.

The Times of Marriage prohibited by our Church.

From Aduent sunday vntill eight dayes after
twelſe day.

From Septuagesima Sunday vntill eight dayes
after Easter.

From the Ascention day till Trinity Sunday.
How

A Prognostication?

How to iudge what Weather will follow,
by the rising and setting of the Sunne.

The Sunne rising bright and cleare, signifieth a pleasant day: If he rise fiery red, it promieth raine: If in his rising hee bee thinly overcast with a cloud, it betokeneth foule weather: If the Sunne drive the clouds before him into the West, it signifieth faire weather: If at his rising there appeare a circle about him, & continueth away equally, it betokeneth faire weather. Also, if he sette red, it signifieth faire weather: If at his setting he be of divers colours, or clouds like water, it threatneth raine. If at the rising of the Sun, his beames become red, or long, or encompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke mist, or if it raineth in the evening, it threatneth very foule weather to follow. Also, if the Sunne become be spotted either greene, pale, or blacke, gathered to a cloud, it signifieth raine. The Sun setting cleare without any cloud, signifieth a faire night to ensue. If the circle, or circles about the Sun be cleare, & of no continuance, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement winds. If the circles are here and there broken, and are thicke and blacke, looke for cold wind or snow: If he setle behinde a great black cloud, raine followeth.

How weather is foreknowne by the Moone.

If the Moone in the third day of her change, or three daies before her full, or in the midst of the quarter, be found of pure light. nothing encompassing her, the ends direct vp, shee promieth faire weather: but bent to red color, prouoketh windes. The Moone pale, or somewhat blacke or thicke, threatneth raine. When the Moone is five daies olde, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe pointed and pricking upwards, great tyms. If in the fourth day after her change, she haue a red circle about her, it signifieth winds and raine.

Of the iudgement of the weather by the Stars.

If the Starrs appeare of much light, and seeme to be of more bignesse & blazing then ordinary, it betokeneth great windes & moysture

mayster in that part where they seeme so : and in Winter, great frostes. When diuine Starres appeare with long fiery tayles, it sheweth winds, and great drought : the more in number, the greater will be the effect. Also, when Starres seeme to shoot or fall, it signifieth great winds in that place : If they seeme to shoot in diuers places, it signifieth diuers winds : If in all places, winds, thunder, lightning, and most tempestuous weather.

**A short Instruction, and very necessarie to know
the times and seasons when to Sow, and replant
all manner of Seedes for the Garden.**

Sow Cabbages in February, March, or April, in the full of the Moone : and replant them in the Decrest.

Sow Cabbage-Lettice in February, March, or July, in the old of the Moone.

Sow Onions and Leekes, in February or March, at the full of the Moone.

Sow Beets in February or March, at a full Moone.

Sow Coleworts white & greene, in the middle of August or September : Plant the young ones in October, and lett them againe in November.

Sow Parsneps in February, April, or June, in a fayre day.

Sow Radish in February, April, or June, in the increase of the Moone.

Sow Pumpions, Cucumbers, Melons, and Gourdes, in February, March, or June, in a hotte and fayre day.

Sow Spinage in February or March, in the old of the Moone.

Sow Parsely, Fennell, and Annis-seeds, in February or March at the full of the Moone.

Sow white Cicory in February, March, July, or August, in a full Moone.

Sow Cardus-benedictus in February, March, or May, when the Moone is old.

Sow Basil in March, in an old Moone.

Sow Purselaine in February, or March, in the increase of the moone.

Sow Marigam, Clorets, Time, flower-gentle, Rosemary, & Lavender,

A Prognostication.

- Sow** Lavender, in February, March, or April, in the increase of the Moone.
- Sow** Garden-cresses, and Rocket, in February, at the increase of the Moone.
- Sow** Sauell in Februarie or March, at a new Moone.
- Sow** Saffron in March, when the Moone is old.
- Sow** Coriander, and Borage, in Februarie or March, in the increase of the Moone.
- Sow** Hartes-horne, & Samphire, in Februarie, March or April, in the old of the Moone.
- Sow** Stillflowers, Hartes-case, and Mal-flowers, in March or April, in an old Moone.
- Sow** Cardons, and Artichokes, in April or March, when the Moone is old.
- Sow** Chickweed, in Februarie or March, at $\frac{1}{2}$ full of the Moone.
- Sow** Burnet in Februarie or March, when the Moone is old.
- Sow** Hysope and Sauery in March, when the Moone is old.
- Sow** double Marygolds in Februarie or March, in the increase of the Moone.
- Sow** Larks-foote, Sparges, and Sperage, in Februarie, in an old Moone.
- Sow** white Poppy, and Palma-christi, in Februarie or March, in the increase of the Moone.
- Sow** all manner of Come the Moone increasing, hse being in Cancer, Libra, or Aquarius.
- Set** or **sow** all kind of Seedes the Moone in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But those Seedes whose Rootes are round, should be sown three or foure dayes before, or after the full Moone.

Certaine

*Certaine, and short Rules, for the comforting of the
chiefe officiall members of the body of man.*

Things vvhich are good to comfort the headd.

L Yeran Aloes, Marjoram, Salingale, Myrtle, Rosemarie,
Roses, Camomell, Rew, Frankensence, Ruanmegges, Hylope,
Balme, White, Spike, and Clavie.

Things good for the Eyes.

Fennell, Celendine, Agrimonie, Eyebright, Aernine, Roses, Cloues,
and cold Claret.

Things good for the Stomacke.

Ruanmegs, Dyanum, Corall, Clove, wood, Peunee, Saffron,
Olibanum, Agrimonie, Fumetorie, Cloues, Lignum aloes, Co-
riander, Musticke, and Spodum.

Things good for the Heart.

Saffron, Cloues, Cinamon, Corall, Lignum aloes, Myrre, Mi-
cabelans, Beacles, Marjoram, Myrtle, Bugloss, Ruanmegs,
Boyage, Rosemarie, and Setwell.

Things good for the Liuer.

Liverwort, great Rallons, Clove, wood, Agrimonie, Saffron,
Cloues, Endive, Sarsaparilla, Fennell, Rosewater, Clorets, Plant-
aine, Dragon, and Lettice.

Things good for the Lungs.

Almonds, Dates, Rallons, Myrre, Liqueur, Elcampare,
Lungwort, Pistaces, and Penedies.

C

Meats

A Prognostication.

Meates hurtfull for the Teeth.

Notres, Meates very hot, warme drinke, Sweete meates and drinke, Radish rootes, Hard meates, Bitter meates, Males, much Cloniting, Leekes. Fatte of Fish, Collyworts, & Lemmons.

Things hurtfull to the Eyes.

Garlick, Onions, Radish, Drunkennesse, Letcherie, Sweete and thicke Meates, Salt meates, Coleworts, all Pulse, Must, Wine, Dast, Smoake, Fire, and reading violently after supper.

Rules of Mensuration.

A Fingers bredth is foure Barly comes in thicknes; and an Inch thre Barly comes in length: A hand bredth foure fingers: A span is thre hand bredth: A foot is foure hand bredth: A Geometrical Pale is five foot: an English Pearch is xvi. foot $\frac{1}{2}$. A Furlong is a hundred, & twenty five paces, or six hundred, twenty and five foot: An English Furlong is six hundred and threescore foot, or a hundred thirtie two paces: A League is a thousand and five hundred paces: An Italian Mile is a thousand paces, or eight Furlongs: A common German Mile is thirtie two Furlongs. An English Mile is eight Furlongs: An Acre is fortie Pearches in length, and foure in bredth.

A short instruction for the Table following.

Note that the first Colunne or Row, containeth the Names & number of Shires, the second of Cities, the third of Bishoprickes, the fourth of Castles, &c. Now goe straight in a line, and you shall easily finde the number Alphabetically, aswell for the English as for the Welsh Shires: As for example, Buckinghamshire hath no Citie, no Bishopricke, 11. Market Townes, no Castles, 185. Parishes, &c.

A Catalogue of all the Shires, Cities, Bishop-
rickes, Market-Townes, Castles, Parishes,
Riuers, Bridges, Chafes, Forrests, and Parkes,
comeyned in euery particuler Shire
in the Kingdome of England.

Shires.	Cities.	Bishop- rickes.	Market- townes.	Castles.	Par- ishes.	Riuers.	Bridges.	Chafes.	Forrests.	Parkes.
Barke shire.	0	0	11	2	140	1	7	0	3	13
Bedford shire.	0	0	10	0	116	1	6	0	0	12
Buckinghamshir.	0	0	11	0	185	2	14	0	0	15
Cambridge shire.	0	1	6	0	163	1	7	0	0	5
Cheshire.	1	1	9	3	68	9	19	0	2	18
Cornwall.	0	0	23	6	161	7	31	0	0	9
Cumberland.	0	1	8	15	58	20	33	0	3	8
Darby shire.	0	0	8	4	106	13	21	0	1	34
Deuon shire.	1	1	40	3	394	23	106	0	0	23
Dorset shire.	0	0	18	6	248	4	29	1	2	12
Durham;	0	1	5	4	62	11	20	0	0	21
Essex.	1	0	21	1	475	7	28	0	1	46
Glocester shire.	1	1	20	1	180	12	22	1	2	19
Hamp shire.	1	1	18	5	248	4	31	0	4	22
Hartford shire.	0	0	18	0	120	1	24	0	0	23
Hereford shire.	0	1	8	7	176	13	11	1	2	8
Huntington shir.	0	0	5	1	78	1	5	1	1	7
Kent.	2	2	17	8	398	6	14	0	0	23
Lancashire	1	0	8	6	36	33	24	0	1	36
Lecester shire	1	0	11	2	200	1	10	0	2	13
Lincolne shire	1	1	26	2	630	9	15	0	0	13
Middlesex	2	1	?	0	73	1	3	1	0	4
Northamptonshi.	1	1	11	2	326	5	24	0	3	23
Nottingham shi.	1	0	11	0	168	5	17	0	1	18
Northumberland	0	0	11	12	40	21	16	0	1	8
Norfolke	1	1	16	0	635	3	15	0	0	0

A Prognostication.

Shires.	C.	Byth.	M.T.	C.	Parri.	R.	Br.	Ch.	Fer.	Park.
Oxfordshire	1	1	10	0	208	3	26	0	4	9
Rutland	0	0	2	0	47	0	1	0	0	4
Shropshire	1	0	3	13	170	18	13	0	7	27
Somersetshire	3	2	29	1	85	9	45	0	2	8
Staffordshire	1	1	12	5	130	13	19	1	1	38
Suffolke	0	0	28	1	464	2	32	0	0	27
Sussex	1	1	18	1	312	2	10	0	4	33
Surrie	0	0	7	0	140	1	7	0	1	17
Warwicke shire	1	1	12	1	158	7	21	1	0	16
Westmoreland	1	0	4	6	26	3	5	0	2	19
Wiltshire	1	1	21	1	304	5	31	1	9	19
Worcester shire	1	1	7	3	152	5	13	1	2	16
Yorke shire	1	1	46	14	563	34	62	4	8	72
Anglesey.	0	0	3	0	83	3	2	0	0	0
Breckenocshire.	0	0	3	4	70	17	13	0	0	2
Cardigan shire.	0	0	4	0	77	25	9	0	4	0
Carmarthen shire	0	0	6	4	81	20	16	0	1	2
Carmarvon.	0	1	5	3	73	17	6	0	0	0
Denbigh shire.	0	0	3	3	53	24	6	0	0	0
Flint shire.	0	1	3	4	24	4	2	0	0	2
Glamorgan shire	0	1	7	12	151	16	6	0	0	5
Montgomery shi	0	0	5	3	42	28	6	0	0	1
Monmouth shire	0	0	6	7	142	15	14	1	0	8
Merionidith shire	0	0	3	3	34	25	7	0	0	0
Penbroke shire	0	1	6	5	142	6	7	0	2	3
Radnor shire	0	0	4	5	43	13	5	0	0	0

An







**A Table to know for euer how long the
The Moone doth shine euery night.**


The age of the Moone increasing.	The houres and mi- nutes that she shinneth.		The Age of the Moone decreasing.
☾	Houres.	Minutes	☾
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

How to vse this Table.

Looke the age of the Moone in this Almanack, or in some o-
ther made for this yeare, or any other to come, then seeke the
same in this Table, which you shall find either in the increasing or
decreasing, and then in the middle Column you shall without fur-
ther labour find set downe the time of her shining.

An Explanation of a new and easie Kalendar
her heere following, for this present Yeare,
1620.

NOte that every Moneth conteyneth three Colunnes, (the figures for the number of dayes excepted) the first Colunne towards the right hand concerneth the Weeke dayes & Sunday letter. The second, the Signe wherein the Moone is every day. And the third, the Changes and Quarters of the Moone. Note that the being placed this way  both signifie the first Quarter; and this way  the last Quarter. This the Full Moone . And this the new Moone . Note also, that the Figures over the head of the Moones, signifies the houre of her Change; and the Letters underneath, the time after noone, or after midnight, N. standing for after noone till Midnight, and M. after Midnight till Noone: As for example, Against the vi. day of January, being Sunday, I doe finde the Moone in ♋ Cancer, and is thus  charactered, which is the Full Moone, at 3. of the clocke afternoone, which is 3. a clocke in the evening. Again, on the 13. day of March being Thursday, I find the Moone in ♏ Capricorne, and is thus  figured, which is the last Quarter, at 9. of the clocke after midnight, which is nine of the clocke in the Morning. &c.

Note also, that at the head of every Moneth is placed the Rising and Setting of the Sunne for the insake of every Moneth: as for example, for the month of March, the  Sunneth at 5. of the clocke, and 18. minutes; and setteth at 6. and 12. minutes.

It also conteyneth the Holy-dayes, and Feasts, both moveable and Immoveable; with the beginning and ending of every Terme: As Easter-day is on the 13. day of April, Whitunday on the first day of June: Terme begins on the 23. of January, and endeth on the 12. of February, &c.

A briefe

A briefe and easie Kalender for this Yeere
 1623. which being cut out, is fit to be placed
 into any Booke of Accompt, Table Booke, or
 other, conteyning the whole Kalender, in a
 short method, not heretofore vsed

	January.	February.	March.	April.	May.	June.	July.	August.
D.	07.40 4.20.	06.8. 5.14.	05.18. 6.12.	04.30 7.10.	04.0. 8.0.	03.43 8.17.	04.10 7.43.	05.5 6.55.
1	a 8	d 8.	d 8	g ny	b 2	e 7 7	g y 2	c x
2	b II	e 8	e 8	a ny	c 2	f 7	a y	d x
3	c II	f 8	f 8	b ny	d m a.	g y n.	b c m.	e y
4	d II	g 8 6.	g 8	c 2 3:	e m	a y	c m	g y
5	e 8 3:	a 8	a ny 6.	d 2	f 7 n.	b 2	d x	a 8
6	f 8	b ny m.	b ny	e m m.	g 7	c m	e x	g 8 I
7	g 8 n	c ny	c 2 n.	f m	a y	d 2	y	g 8 I
8	a 8	d 2	e m	g 7	b y	e x 5	g y 8	c 8 C
9	b ny	e 2	f m	a 7	c 2	f x C	a y C	d II m.
10	c ny	f m	g 7	b y 6	d 2 6.	g y n.	b 8 m.	e II
11	d 2	g ny 2	g 7	c y C	e x C	a y	c 8	f 8
12	e 2 7.	a 7 C	a 7 9.	d 2 n.	f x m.	b 8	d II	g 8
13	f 2 C	b 7 m.	b y C	e 2	g x	c 8	e II	a 8
14	g m n.	c y	c y m.	f x	a y	d 8	f II	g 8
15	a m	d y	d 2	g x	b y	e II	g 8	d m m
16	b 7	e 2	e 2	a y	c 8	f II 9.	e 8	e ny
17	c 7	f 2	f 2	b y	d 8	g 8	b 8	f 2
18	d y	g 2 6.	g x	c y 6	e 8 6.	a 8 n.	c 8 m.	g 2
19	e y 3.	a x	a x 10.	d 8	f II	b 8	d 8	a m
20	f 2	b x m.	b y	e 8 n.	g II m.	c 8	e ny	b m II
21	g 2 n.	c y	c y n.	f II	a 8	d 8	f ny	c 7 C
22	a x	d y	d y	g II	b 8	e ny	g 2	d 7 n.
23	b x	e 8	e 8	a II	c 8	f ny	a 2 6.	e y
24	c x	f 8	f 8	b 8	d 8	g ny	b m	f y
25	d y	g 8	g II	c 8	e 8	a 2	c m m.	g y
26	e y	a II 7.	a II	d 2 4	f ny 5	b 2 n.	a 7	a 2
27	f 8 II.	b II	b II	e 8 n.	g ny	c m	f y	b 2 10
28	g 8	c 8 m.	c 8 I.	f 8	a 2 m.	d m	g y II	c x
29	a II n.	d 8	d 8	g ny	c m	e 7	a 2 m	a x n.
30	b II	e 8	e 8	a ny	d m	f 7	b 2	y
31	c II	f 8	f 8					e

♈. Taurus, ♊. Gemini, ♋. Cancer, ♌. Leo, ♍. Virgo,
 ♎. Libra, ♏. Scorpio, ♐. Sagittari, ♑. Capricorne, ♒. Aquarius,
 ♓. Pifces. The ☉ New Moone. The ☾ first Quarter.
 The ☽ Full Moone. The ☾ last Quarter.
 and ☾, the Sunday Letter.

Day, Mo.	Septem.	Octob.	Novem	Decem	The Feasts Moueable and Im- moueable: With the Termes, &c.	
	6.8 5.52	7.0 5.0	8.0 4.0	8.8 3.42.		
1	fY	aδ	dS	fA	January.	July.
2	gδ	bII	eS	gA	Two peeres day 1.	Terme ends, 2.
3	aδ	cII	fS	any at.	Twelve day 6.	Dog dai. begi. 19
4	bδ	dII	gA	at bny	Terme begins. 23.	S. James Apo. 25
5	cII 8	eS 1	aA	(cny m.	February.	August.
6	dII (fS (bny m.	dII	Purif. of Mary, 2.	Gowrie consp. 5
7	eS n	gA n.	cny	eS	Septuagesim. 9.	Barthol. Ap. 24.
8	fS	aA	dII	fS	Terme ends, 12.	Dog da. end, 29.
9	gA	bA	eS	g m.	Tragesima 16.	September.
10	aA	cny	f m.	a f 6.	Shrove Sun. 23	Maheew Apo. 21.
11	bA	dny	g m 8.	b f 0	S. Mathias, 24.	Michael Arch. 29.
12	cny	eS 10	a f 0	cny n.	March.	October.
13	dny II	fS 0	b f m.	dny	Quadrages. 2.	Terme begins, 9.
14	eS 0	g m n.	cny	eS	Ann. of Mary, 25	Luke Evang. 28.
15	fS m.	aA	dny	fS	Aprill.	Simon & Jude, 28.
16	gA	b f	eS	gA	Easter day, 13.	November.
17	aA	c f	fS at	aA 2	Mark Evan. 25.	All Saints, 1.
18	b m	dny	gS	bY)	Terme begins, 30.	Baptists corp. 5
19	c f	eS at.	aX m.	cny n.	May.	Terme ends, 28
20	d f 5.	fS)	bX	dY	Phil. & Jacob, 1.	S. Andrew Ap. 30.
21	eS)	gS n.	cY	eS	Rega. Sund. 18.	Ascens. Sund 30
22	fY m.	aX	dY	fS	Alcution day, 22	December.
23	gS	bX	eY	gII	Terme ends, 26	
24	aS	cX	fS	aII	June.	
25	bX	dY	gS 10.	bII 6.	Trinitie Sunday. 1.	Christians da 25
26	cX	eY	aII	cS	Trinity Sun. 8	S. Stephen, 26
27	dY II	fS 4.	bII n.	dS n.	Corpus Christi 12	S. Iohn, 27
28	eY 0	gS 0	cS	eA	Terme begin, 13	Innocents da. 28.
29	fY m.	aδ m.	dS	fA	John Baptist, 24.	
30	gδ	bII	eS	gA	Peter Apost. 29.	
31		cII		aA		

FINIS.